

# Getting started with Teladoc®



Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.



1

#### Online:

Go to [Teladoc.com](https://Teladoc.com) and click "**set up account**".

#### Mobile app:

Download the app and click "**Activate account**".

#### Call Teladoc:

Teladoc can help you register your account over the phone.

### SET UP YOUR ACCOUNT

Set up your account by phone (toll-free), web, mobile app or by texting "**Get Started**" to **469-844-5637**.



2

### PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



3

### REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care and talk to a doctor by phone, web or mobile app.

Teladoc doctors can diagnose and treat many non-emergency medical conditions

Talk to a doctor anytime for **free!**



[Teladoc.com](https://Teladoc.com)



[Teladoc.com/mobile](https://Teladoc.com/mobile)



1-800-Teladoc

